Hart Maura
Form 3
August 23, 2010

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Â Hart Maura
(Last) (First) (Middle)
5050 EDGEWOOD COURT
(Street)
JACKSONVILLE,Â FLÂ 32254
(City) (State) (Zip)

2. Date of Event Requiring Statement (Month/Day/Year)
08/13/2010

3. Issuer Name **and** Ticker or Trading Symbol
WINN DIXIE STORES INC [WINN]

4. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_____ Director _____ 10% Owner
__X__ Officer (give title below) _____ Other (specify below)
Group VP and CIO

5. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	1,640 (1)	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of			

				Shares		(I) (Instr. 5)	
Option	12/09/2010	12/09/2016	Common Stock	2,714	$ 10.53	D	Â
Option	08/13/2010	02/22/2014	Common Stock	6,759	$ 16.77	D	Â
Option	Â (2)	09/04/2015	Common Stock	4,675	$ 14.06	D	Â
Option	Â (3)	11/04/2016	Common Stock	1,259	$ 11.32	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Hart Maura 5050 EDGEWOOD COURT JACKSONVILLE,Â FLÂ 32254	Â	Â	Â Group VP and CIO	Â

Signatures

/s/ Larry B. Appel Attorney-in-Fact	08/23/2010
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents Restricted Stock Units ("RSUs") awarded under the Winn-Dixie Stores, Inc. equity incentive plans. Each RSU represents a contingent right to receive one share of Winn-Dixie Stores, Inc. common stock. The RSUs become vested in full, and certificates for shares of common stock become deliverable, in installments on each grant date anniversary. As to 960 of the outstanding RSUs, the vesting is as follows: 320 shares on each of 9/4/10, 9/4/11, and 9/4/12. The remaining 680 RSUs will vest in equal annual installments on each of 11/4/10, 11/4/11, and 11/4/12.

(2) Of the 4,675 outstanding options, there are 1,168 options that are vested and fully exercisable. The remaining 3,507 options shall vest in three equal annual installments on each of 9/4/2010, 9/4/2011 and 9/4/2012.

(3) The Option shall vest in equal annual installments over 3 years, on each grant date anniversery, beginning on 11/4/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.
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