

RYANAIR HOLDINGS PLC  
Form 6-K  
August 06, 2014

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of August 2014

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

RYANAIR JULY TRAFFIC GROWS 4% TO 9.15m CUSTOMERS  
LOAD FACTOR RISES 3% POINTS TO 91%

Ryanair, Europe's favourite low fares airline, today (6 Aug) released July traffic statistics as follows:

- Traffic grew by 300,000 to 9.15m customers (up 4%)
- Load factor increased 3% points from 88% to 91%
- Rolling annual traffic rose to a record 83m customers (up 4%).

	Jul 13	Jul 14	Change
Customers	8.84m	9.15m	+4%
Load Factor	88%	91%	+3%

Ryanair's Chief Marketing Officer, Kenny Jacobs said

"Ryanair traffic grew by 300,000 to 9.15m customers in July, thanks to our lower fares and our improving customer experience, including our great new website and mobile app, allocated seating, a free 2nd small carry-on bag and PED use on all flights. Ryanair continues to deliver so much more than just the lowest fares in every market for our 83m customers."

ENDS

For further information  
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 06 August, 2014

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary