RYANAIR HOLDINGS PLC Form 6-K May 24, 2006

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of May, 2006

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82-

Ryanair Holdings Plc

23rd May 2006

Re: Holding in Company

A Letter from The Capital Group Companies, Inc dated 22 May 2006 to Ryanair Holdings Plc, received by Ryanair Holdings Plc on the 22 May 2006.

Re: Section 67 Notification

Enclosed is a Section 67 Notification date 19 May 2006.

Please note that one or more of the affiliates of The Capital Group Companies, Inc. have made notifications to your company pursuant to Section 67 in the past. For a description of our organization, please visit our Web site at www.capgroup.com.

For the purposes of this Notification an outstanding share balance of 770,844,836 shares was used to calculate the percentages of holdings of the relevant share capital which determine the notifiable interest. We believe this outstanding share balance is current; however, if this number is not accurate, please contact us as soon as possible so we may make the necessary revisions to this Notification.

Should you have questions or require additional information, please contact Gina Martinez or Viven Tan at (213) 615-0469, or send a fax message to (213) 486-9698. Alternatively, you may contact us via E-mail at GRGroup@capgroup.com.

Gina Martinez Compliance Consultant The Capital Group Companies, Inc.

Notification of Interests

(Section 67 Companies Act 1990)

This Notice is given by The Capital Group Companies, Inc. on behalf of its affiliates, including Capital Research and Management Company, Capital International, Inc., Capital International S.A., Capital Guardian Trust Company, and Capital International Limited, pursuant to Section 67 of the Companies Act, 1990.

The interest in the relevant share capital indicated below arises by virtue of holdings attributed to the Companies (see Schedule A). These holdings form part of funds managed on behalf of investment clients by the Companies.

Share capital to which this relates:

Ordinary Shares (including ADRs)

Number of shares in which the Companies have a notifiable interest:

54,040,463 Ordinary Shares (including ADRs)

Name(s) of registered holder(s):

See Schedule B

As of 19 May 2006

Ryanair Holdings Plc

Schedule B

Schedule of holdings in Ryanair Holdings, Plc

As of 22 May 2006

Schedule B

CAPITAL INTERNATIONAL LIMITED

Registered Name	Local Shares
Bank of New York Nominees Bank of New York 3 Birchin Lane London EC3V 9BY	761,795
Northern Trust C/O NorTrust Nominees Limited 155 Bishopsgate London EC2M 3XS UK.	425,933
Cede & Co. 55 Water Street New York, NY 10006	195,990
Citibank London 11 Old Jewry London EC2R 8D8 UK	69,530
Nortrust Nominees 155 Bishopsgate London EC2M 3XS United Kingdom	75,134
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	825,445
Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4	680,043
MSS Nominees Limited Midland Bank Plc Mariner House, Pepys London EC3N 4DA	89,300

State Street Bank & Trust Co	270,486
Deutsche Bank AG 23 Great Winchester Street London EC2P 2AX United Kingdom	4,200
Mellon Bank N.A. London Branch London United Kingdom	9,800
Alibank Nominees Limited Allied Irish Bank Stock Exchange and Trust Services Bank Centre PO Box 512 Dublin Ballsbridge	630,143
Citibank N.A. (Ireland) IFSC House Custom House Quay Dublin 1	93,500
Bank of Ireland Nominees Limited Bank of Ireland International Financial Services Center 1 Harbourmaster Place	533,000
AIB Custodial Nominees Limited	97,100
JP Morgan Chase Bank	194,160
Total	4,935,559

Capital International S.A

Registered Name	Local Shares
Cede & Co 55 Water Street New York NY 10006	555 , 935
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	11,400
Bank of Ireland Nominees Limited Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	127,000

Total 694,335

Schedule B

Capital International, Inc

Registered Name Local Shares

Cede & Co 186,500

55 Water Street

New York, NY 10006

Alibank Nominees Limited 114,788

Allied Irish Bank

Stock Exchange and Trust Services

Bank Centre P.O. Box 512

Dublin

Ballsbridge

Total 301,288

Schedule B

Capital Research and Management Company

Registered Name Local Shares

Cede & Co 41,536,200

55 Water Street

New York, NY 10006

Total 41,536,200

Schedule A

The Capital Group Companies, Inc ("CG") holdings

Registered Name Number of Shares

The Capital Group Companies, Inc. ("CG") holdings 54,040,463

7.011%

Percent of

Capital Guardian Trust Company Capital International Limited	6,573,081 4,935,559	0.853% 0.640%
Capital International S.A	694,335	0.090%
Capital International Inc.	301,288	0.039%
Capital Research & Management Company	41,536,200	5.388%

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 24 May 2006

By:___/s/ James Callaghan____

James Callaghan

Company Secretary & Finance Director