### RYANAIR HOLDINGS PLC Form 6-K January 31, 2005

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of January 2005

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82-

Ryanair Holdings Plc

31st January 2005

Re: Holding in Company

A Letter from The Capital Group Companies, Inc dated 28 January 2005 to Ryanair

Holdings Plc, received by Ryanair Holdings Plc on the 28th January2005.

Re: Section 67 Notification

Company Secretary:

Enclosed is a Section 67 Notification date 27 January 2005.

Please note that one or more of the affiliates of The Capital Group Companies, Inc. have made notifications to your company pursuant to Section 67 in the past. For a description of our organisation, please visit our Web site at www.capgroup.com.

For the purposes of this notification an outstanding share balance of 754,316,032 shares was used to calculate the percentages of holdings of the relevant share capital which determine the notifiable interest. We believe this outstanding share balance is current; however, if this number is not accurate, please contact us as soon as possible so we may make the necessary revisions to this notification.

Gina Martinez

Compliance Associate

The Capital Group Companies, Inc.

A Letter from The Capital Group Companies, Inc. to Ryanair Holdings Plc dated 27 January 2005.

Notification of Interests

(Section 67 Companies Act 1990)

This Notice is given by The Capital Group Companies, Inc. on behalf of its affiliates, including Capital Research and Management Company, Capital International, Inc., Capital International S.A., Capital Guardian Trust Company, and Capital International Limited, pursuant to Section 67 of the Companies Act, 1990.

The interest in the relevant share capital indicated below arises by virtue of holdings attributed to the Companies (see Schedule A). These holdings form part of funds managed on behalf of investment clients by the Companies.

Share capital to which this relates:

Ordinary Shares (including ADRs)

Number of shares in which the Companies have a notifiable interest:

94,638,324 Ordinary Shares (including ADRs)

Name(s) of registered holder(s):

See Schedule B

As of 27 January 2005

Ryanair Holdings Plc

	Number of Shares	Percent of Outstanding
The Capital Group Companies, Inc. ("CG") holdings	94,638,324	12.546%
Holdings by CG Management Companies		
and Funds:		
Capital Guardian Trust Company	10,481,000	1.389%
Capital International Limited	38,670,881	5.127%
Capital International S.A.	5,838,275	0.774%
Capital International, Inc.	2,144,688	0.284%
Capital Research and Management	37,503,500	4.972%
Company		

Schedule A

Schedule of holdings in Ryanair Holdings, Plc
As of 31 January 2005

CAPITAL GUARDIAN TRUST COMPANY

Registered Name Cede & Co 55 Water Street Local Shares 8,171,000

New York, NY 10006

Alibank Nominees Limited 2,310,000
Allied Irish Bank, Stock Exchange and Trust Services
Bank Centre, P.O.Box 512
Dublin, Ballsbridge

Total 10,481,000

### Schedule B

#### CAPITAL INTERNATIONAL LIMITED

Registered Name State Street Nominees Limited Canary Wharf 27th Floor, 1 Canada Square London E14 5AF	Local Shares 189,200
Bank of New York Nominees Bank of New York 3 Birchin Lane London EC3V 9BY	3,110,450
Northern Trust C/O NorTrust Nominees Limited 155 Bishopsgate London EC2M 3XS	1,792,949
Chase Nominees Limited Woolgate House Coleman Street London EC2P 2HD	51,600
Cede & Co 55 Water Street New York NY 10006	5,099,884
Citibank London 11 Old Jewry London EC2R 8D8 UK	375,348
Nortrust Nominees 155 Bishopsgate London EC2M 3XS United Kingdom	605,334
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	7,534,697

Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4	4,452,051
State Street London Ltd 12-13 Nicholas Ln London EC4N 78N	1,883,697
Mellon Bank Global Custody Division 1 Mellon Bank Centre Room 1310 Pittsbourgh PA 15252-0001	281,100
MSS Nominees Limited Midland Bank Plc Mariner House, Pepys London EC3N 4DA	316,000
State Street Bank & Trust Co	1,030,186
Deutsche Bank AG 23 Great Winchester Street London EC2P 2AX United Kingdom	138,628
HSBC Bank Plc Securities Services Mariner House Pepys Street London EC3N 4DA	71,200
Alibank Nominees Limited Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4	3,634,193
Citibank N.A. (Ireland) ISFC House Custom House Quay Dublin 1	1,681,000
Bank of Ireland Nominees Limited Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	2,885,766
Citibank N.A. (Dublin) IFSC House Custom House Quay Dublin 1	57,500
AIB Custodial Nominees Limited	601,300
Clydesdale Bank plc	943,646
JP Morgan Chase Bank	1,935,132
Total	38,670,861

### Schedule B

### Capital International S.A

Registered Name Cede & Co 55 Water Street New York NY 10006	Local Shares 5,559,635
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	11,400
Bank of Ireland Nominees Limited Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	226,740
Citibank N.A (Dublin) IFSC House Custom House Quay Dublin 1	40,500
Total	5,838,275

#### Schedule B

### Capital International, Inc

Registered Name	Local Shares
Cede & Co	1,736,000
55 Water Street	
New York, NY 10006	
NorTrust Nominees Limited	22,200
155 Bishopsgate	
London EC2M 3XS	
United Kingdom	
Bank of Treland	116,200
Intl Financial Services Centre	,
1 Harbourmaster Place	
I HALDOULMADEEL LIACE	

Dublin 1

State Street Australia Limited 30,500

Australia

Alibank Nominees Limited 225,688

Allied Irish Bank

Stock Exchange and Trust Services

Bank Centre P.O. Box 512

Dublin Ballsbridge

Total

AIB Custodial Nominees Limited 14,100

Total 2,144,688

#### Schedule B

#### Capital Research and Management Company

Registered Name Cede & Co 55 Water Street New York, NY 10006	Local Shares 36,917,000
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	67,300
Bank of Ireland Nominees Ltd Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	519,200

Schedule B

37,503,500

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 31 January 2005

By:\_\_\_/s/ Howard Millar\_\_\_\_

H Millar

Company Secretary & Finance Director