

CHOICE HOTELS INTERNATIONAL INC /DE
 Form 4
 March 10, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BAINUM BRUCE

2. Issuer Name and Ticker or Trading Symbol
CHOICE HOTELS INTERNATIONAL INC /DE [CHH]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 10770 COLUMBIA PIKE, SUITE 100
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 03/09/2005

___ Director ___X___ 10% Owner
 ___ Officer (give title below) ___ Other (specify below)

SILVER SPRING, MD 20901

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 ___X___ Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock				(A) or (D)	65,407	I	See Footnote (2)
Common Stock				(A) or (D)	59,445	I	See Footnote (3)
Common Stock				(A) or (D)	40,712	I	See Footnote (6)
Common				(A) or (D)	700,185	I	See

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Stock									Footnote (7)
Common Stock							700,214	I	See Footnote (10)
Common Stock	02/15/2005	02/15/2005	D	11,000	D	\$ 0	71,562	I	See Footnote (4) (14)
Common Stock							43,065	I	See Footnote (9)
Common Stock							153,100	I	See Footnote (8)
Common Stock							66,666	I	See Footnote (11)
Common Stock							10,751	I	See Footnote (12)
Common Stock	02/15/2005	02/15/2005	A	10,900	A	\$ 0	1,585,293	I	See Footnote (5) (15)
Common Stock	03/09/2005	03/09/2005	S	100,000	D	\$ 60.335	2,042,751	I	See Footnote (1) (13)
Common Stock	02/15/2005	02/15/2005	A	11,000	D	\$ 0	2,053,751	I	See Footnote (1) (14)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Benef Own Follo Repor Trans
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(12) Shares owned by a trust for the benefit of Mr. Bainum's minor child.

(13) The Trust sold shares to the Issuer.

(14) The GRAT transferred shares to the Trust.

(15) The Roberta Bainum Irrevocable Trust acquired additional shares as a distribution from the Roberta Bainum GRAT.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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