WILLIAMS KAREN HASTIE

Form 4

September 02, 2010

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

WILLIAMS KAREN HASTIE S			2. Issuer Name and Ticker or Trading Symbol CONTINENTAL AIRLINES INC /DE/ [CAL]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 1600 SMIT	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/31/2010			_X_ Director 10% Owner Officer (give title Other (specify below)					
HOUSTON	Filed(Mor			nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
HOUSTON, 1X //002 Person											
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ly Owned		
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	r) Execution	ned 3. 4. Securities Acquired n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8)			of (D)	Securities Ownership Indirect Beneficially Form: Direct Benefici Owned (D) or Ownersh		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	08/31/2010			M	7,500	A	\$ 9.22	10,811	D		
Common Stock	08/31/2010			M	7,500	A	\$ 12.46	18,311	D		
Common Stock	08/31/2010			S	2,000	D	\$ 22.37	16,311	D		
Common Stock	08/31/2010			S	13,000	D	\$ 22.36	3,311	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number 6. Date Exemple 5. Date Exemple 6. Date Exemple 6. Date Exemple 5. Date Exemple 6. D		te	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Outside Director Stock Option (right to buy)	\$ 9.22	08/31/2010		M	7,500	06/10/2009	06/10/2019	Common Stock	7,500
Outside Director Stock Option (right to buy)	\$ 12.46	08/31/2010		M	7,500	06/12/2008	06/12/2018	Common Stock	7,500

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
WILLIAMS KAREN HASTIE 1600 SMITH STREET HQSEO HOUSTON, TX 77002	X					

Signatures

Sarah E. Hagy on behalf of Karen Hastie
Williams

09/02/2010

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.