#### **BCB BANCORP INC**

Form 4 July 08, 2010

### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

2. Issuer Name and Ticker or Trading

BCB BANCORP INC [BCBP]

3. Date of Earliest Transaction

(Month/Day/Year)

07/06/2010

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

10% Owner

\_\_ Other (specify

Issuer

\_X\_\_ Director

\_X\_\_ Officer (give title \_

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations may continue.

(Middle)

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Last)

(Print or Type Responses)

MINDIAK DONALD

104-110 AVENUE C

1. Name and Address of Reporting Person \*

(First)

1011101112102		07700720	07700/2010				below)	below) below) President and CEO		
		ndment, Date Original th/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line)					
BAYONNE, NJ 07002						_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	Zip) Table	e I - Non-D	erivative S	Secur	ities Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of 6. Owners Securities Form: Direct Owned Indirect (I Following (Instr. 4)				
Common			Code V		,	Price	Reported Transaction(s) (Instr. 3 and 4)			
Stock	07/06/2010		A	2,000	A	(1)	95,290	I	By IRA	
Common Stock							250	I	By Son 2	
Common Stock							3,250	I	By Spouse's IRA	
Common Stock							1,561	I	By Son 1	
Common Stock							19,525	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3,			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secur (Instr
				Code V	4, and 5)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 5.29					07/08/2002	07/08/2012	Common Stock	11,094	
Stock Options	\$ 9.34					08/13/2003	08/13/2013	Common Stock	14,580	
Stock Options	\$ 11.84					08/12/2004	08/12/2014	Common Stock	11,406	

# **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MINDIAK DONALD 104-110 AVENUE C BAYONNE, NJ 07002	X		President and CEO			

## **Signatures**

/s/ Alan Schick, Pursuant to Power of Attorney 07/08/2010 Date

\*\*Signature of Reporting Person

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of BCB Bancorp, Inc. stock received in exchange for shares of Pamrapo Bancorp, Inc. stock owned. Exchanged on a 1:1 basis. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Deletionships

Reporting Owners 2

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