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STERLING CONSTRUCTION CO INC Form 4 December 16, 2008

FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION							OMB APPROVAL					
Washington, D.C. 20549							OMB Number:	3235-0287				
Check this if no long							Expires:	January 31, 2005				
subject to Section 16 Form 4 or	SIAIE . 5.	MENT O		GES IN F SECURI		NERSHIP OF	Estimated a burden hou response	verage				
Form 5 obligation may conti <i>See</i> Instru 1(b).	$\frac{1}{1}$ Section 17	(a) of the		lity Hold	ing Com	pany	Act of	e Act of 1934, f 1935 or Section 40	·			
(Print or Type R	esponses)											
HEMSLEY MAARTEN D Symbol STERL			Symbol	r Name and Ticker or Trading ING CONSTRUCTION CO TRL]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
20810 FERNBUSH LANE (Month/Data) (Street) 4. If American			3. Date of Earliest Transaction(Month/Day/Year)12/15/2008					X_ Director 10% Owner Officer (give title Other (specify below) below)				
			endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
HOUSTON,	TX 77073							Form filed by M Person	Iore than One Re	porting		
(City)	(State)	(Zip)	Table	I - Non-De	erivative S	Securi	ties Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution any	med on Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	n(A) or Di (D) (Instr. 3,	sposed	l of	Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	12/15/2008			S	2,000 (1)	D	\$ 18.5	187,738	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	e 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
F8	Director 10% Owner		Officer	Other			
HEMSLEY MAARTEN D 20810 FERNBUSH LANE	Х						
HOUSTON, TX 77073							
Signatures							
/s/ Roger M. Barzun, under a P Attorney		12/16/2008					
<u>**</u> Signature of Reporting Pers		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were sold pursuant to a 10b5-1 trading plan adopted by the reporting person on May 16, 2008. The plan was amended on November 15, 2008 to reduce the total number of shares to be sold under the plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.