

Post Holdings, Inc.  
Form 10-12B  
September 26, 2011

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As filed with the Securities and Exchange Commission on September 26, 2011  
File No.

**United States  
Securities and Exchange Commission  
Washington, DC 20549**

**Form 10  
General Form for Registration of Securities  
Pursuant to Section 12(b) or 12(g) of  
the Securities Exchange Act of 1934**

**Post Holdings, Inc.**  
(Exact name of registrant as specified in its charter)

**Missouri**  
(State or other jurisdiction of incorporation or  
organization)

**45-3355106**  
(I.R.S. Employer Identification No.)

Interim address:  
**800 Market Street, Suite 2900  
St. Louis, MO 63101**

(Address, including zip code, of principal executive offices)  
Registrant's telephone number, including area code: (314) 877-7000  
Securities to be registered pursuant to Section 12(b) of the Act:

Title of each class to be so registered	Name of each exchange on which each class is to be registered
Common Stock, par value \$0.01 per share	New York Stock Exchange
Preferred stock purchase rights	New York Stock Exchange

Securities to be registered pursuant to Section 12(g) of the Act: None

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of large accelerated filer, accelerated filer and smaller reporting company in Rule 12b-2 of the Exchange Act. (Check one):

Large accelerated filer <input type="checkbox"/>	Accelerated filer <input type="checkbox"/>	Non-accelerated filer <input type="checkbox"/>	Smaller reporting company <input type="checkbox"/>
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(Do not check if a smaller reporting company)

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Signatures  
EX-99.1

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This Registration Statement on Form 10 incorporates by reference information contained in the information statement filed as Exhibit 99.1 hereto. The cross-reference sheet below identifies where the items required by Form 10 can be found in the information statement.

**Cross-Reference Sheet between Information Statement and Items of Form 10**

Item No.	Item Caption	Location in Information Statement
1.	Business	See Summary beginning on page 1, Risk Factors beginning on page 10, Management's Discussion and Analysis of Financial Condition and Results of Operations beginning on page 48 and Business beginning on page 60.
1A.	Risk Factors	See Risk Factors beginning on page 10.
2.	Financial Information	See Selected Historical Condensed Combined Financial Data beginning on page 41, Unaudited Pro Forma Condensed Combined Financial Statements beginning on page 43 and Management's Discussion and Analysis of Financial Condition and Results of Operations beginning on page 48.
3.	Properties	See Business Manufacturing and Administrative Facilities beginning on page 64.
4.	Security Ownership of Certain Beneficial Owners and Management	See Security Ownership of Certain Beneficial Owners and Management on page 79.
5.	Directors and Executive Officers	See Corporate Governance and Management Our Directors and Executive Officers on page 68.
6.	Executive Compensation	See Executive Compensation beginning on page 72, Corporate Governance and Management Director Compensation on page 71 and Corporate Governance and Management Compensation Committee Interlocks and Insider Participation on page 70.
7.	Certain Relationships and Related Transactions, and Director Independence	See Arrangements between Ralcorp and Post beginning on page 32, Certain Relationships and Related Party Transactions on page 80 and Corporate Governance and Management Director Independence on page 68.
8.	Legal Proceedings	See Business Legal Proceedings on page 67.

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Item No.	Item Caption	Location in Information Statement
9.	Market Price of and Dividends on the Registrant's Common Equity and Related Stockholder Matters	See Listing and Trading of our Common Stock on page 39 and Dividend Policy on page 40.
10.	Recent Sales of Unregistered Securities	None.
11.	Description of Registrant's Securities to be Registered	See Description of Capital Stock beginning on page 81.
12.	Indemnification of Directors and Officers	See Indemnification of Directors and Officers on page 89.
13.	Financial Statements and Supplementary Data	See Unaudited Pro Forma Condensed Combined Financial Statements beginning on page 43 and Index to Financial Statements and the financial statements referenced therein beginning on page F-1
14.	Changes in and Disagreements with Accountants on Accounting and Financial Disclosure	None.
15.	Financial Statements and Exhibits	<p><i>(a) Financial Statements</i></p> <p>See Unaudited Pro Forma Condensed Combined Financial Statements beginning on page 43 and Index to Financial Statements and the financial statements referenced therein beginning on page F-1.</p> <p><i>(b) Exhibits</i></p> <p>See below.</p>

The following documents are filed as exhibits hereto:

Exhibit No.	Description
2.1	Form of Separation and Distribution Agreement.*
3.1	Form of Amended and Restated Articles of Incorporation of Post Holdings, Inc.*
3.2	Form of Certificate of Designations for Series A Junior Participating Cumulative Preferred Stock of Post Holdings, Inc.*
3.3	Form of Amended and Restated Bylaws of Post Holdings, Inc.*
4.1	Form of Shareholder Protection Rights Agreement, by and between Post Holdings, Inc. and [ ] as rights agent, which includes the form of right certificate as Exhibit A and the form of Certificate of



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Exhibit No.	Description
	Designations for Series A Junior Participating Cumulative Preferred Stock as Exhibit C.*
10.1	Form of Tax Allocation Agreement.*
10.2	Form of Transition Services Agreement.*
10.3	Form of Employee Matters Agreement.*
10.4	Form of Shareholders and Registration Rights Agreement.*
10.5	Form of Post Holdings, Inc. Stock Incentive Plan.*
10.6	Form of Management Continuity Agreement.*
10.7	Deferred Compensation Plan for Non-Employee Directors.*
10.8	Deferred Compensation Plan for Key Employees.*
10.9	Form of Indemnification Agreement.*
10.10	Executive Savings Investment Plan.*
21.1	List of Subsidiaries.*
99.1	Information Statement, subject to completion, dated September 26, 2011

\* To be filed by amendment.

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**Signatures**

Pursuant to the requirements of Section 12 of the Securities Exchange Act of 1934, the registrant has duly caused this registration statement to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: September 26, 2011

POST HOLDINGS, INC.

By: /s/ T. G. Granneman

Name: T. G. Granneman

Title: Vice President