#### HALIGOWSKI GEORGE W

Form 4

Common

Stock

December 21, 2005

FORM	1 4					-~-	~ ~		PPROVAL		
Washington, D.C. 20549								OMB Number:	3235-0287		
Check th if no long	ger		NOEG DU		OT A T		AIEDGIIID OE	Expires:	January 31, 2005		
subject to Section 1 Form 4 o Form 5	5 l 6. or		SECURITIES  ection 16(a) of the Securities Exchange					Estimated a burden hou response	average irs per		
obligatio may cont See Instr 1(b).	Section 17(a)		Jtility Hold	ling Com	pany	Act o	of 1935 or Sectio	n			
(Print or Type I	Responses)										
1. Name and A HALIGOW	Symbol	2. Issuer Name <b>and</b> Ticker or Trading Symbol ITLA CAPITAL CORP [ITLA]				5. Relationship of Reporting Person(s) to Issuer					
(Last)	(First) (Mi		3. Date of Earliest Transaction				(Check all applicable)				
C/O ITLA O CORPORA STREET, S	TION, 888 PROSI	(Month/ 12/19/	Day/Year)				_X_ Director _X_ Officer (give below)		6 Owner er (specify		
	If Amendment, Date Original ed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person							
LA JOLLA	, CA 92037							More than One Re			
(City)	(State) (Z	Zip) Tal	ole I - Non-D	erivative S	ecurit	ties Ac	quired, Disposed of	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Year	Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	(A) or (A) or	)	Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock			Code V	Amount	(D)	riice	0	D			
Common Stock							157,006	I	By SERP		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not (9-02)

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28,870

By Def.

Comp.

Plan

### Edgar Filing: HALIGOWSKI GEORGE W - Form 4

required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 48.46	12/19/2005		A	50,000	12/19/2005	12/19/2015	Common Stock	50,000
Stock Option (Right to Buy)	\$ 14.5					<u>(1)</u>	01/23/2007	Common Stock	20,000
Stock Option (Right to Buy)	\$ 18					(2)	02/02/2008	Common Stock	45,000
Stock Option (Right to Buy)	\$ 14					<u>(3)</u>	02/02/2009	Common Stock	10,000
Stock Option (Right to Buy)	\$ 23					<u>(4)</u>	02/19/2012	Common Stock	37,500

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HALIGOWSKI GEORGE W C/O ITLA CAPITAL CORPORATION 888 PROSPECT STREET, SUITE 110 LA JOLLA, CA 92037	X		President & CEO				

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## **Signatures**

/s/ George W. Haligowski

\*\*Signature of Reporting Date
Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) One-third of the option vested on January 23, 1998, one-third vested on January 23, 1999 and one-third vested on January 23, 2000.
- (2) One-third of the option vested on February 2, 1999, one-third vested on February 2, 2000 and one-third vested on February 2, 2001.
- (3) One-third of the option vested on February 2, 2000, one-third vested on February 2, 2001 and one-third vested on February 2, 2002.
- (4) One-third of the option vested on February 19, 2003, one-third vested on February 19, 2004 and one-third vested on February 19, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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