Kerns Janis F. Form 5 January 30, 201

#### January 30, 2019 **OMB APPROVAL** FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person \* 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Kerns Janis F. Symbol ADAMS NATURAL RESOURCES (Check all applicable) FUND, INC. [PEO] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) Director 10% Owner Other (specify \_X\_\_ Officer (give title (Month/Day/Year) below) below) 12/31/2018 Gen. Counsel, Corp. Sec. & CCO 500 EAST PRATT STREET, SUITE 1300 4. If Amendment, Date Original (Street) 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) BALTIMORE, MDÂ 21202 \_X\_ Form Filed by One Reporting Person Form Filed by More than One Reporting (City) (State) (Zip) Table I. Non Desirative Committee Assumed Disposed of an Depoficially Or

(,)	(=)	Tabl	le I - Non-Der	ivative Secu	rities	Acquir	ea, Disposea of	, or Beneficiall	y Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction	4. Securitie (A) or Disp			5. Amount of Securities	6. Ownership	7. Nature of Indirect
(Instr. 3)	( , , , , , , , , , , , , , , , , , , ,	any	Code	(Instr. 3, 4		` ′	Beneficially	Form: Direct	
		(Month/Day/Year)	(Instr. 8)				Owned at end	(D) or	Ownership
							of Issuer's	Indirect (I)	(Instr. 4)
					(A)		Fiscal Year	(Instr. 4)	
					or		(Instr. 3 and		
				Amount	(D)	Price	4)		
Common Stock	12/31/2018	Â	J	261.558 (1)	A	\$0	261.558	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
						Date	Expiration	T:41-	or Namelana	
						Exercisable	Date	Title	Number	
					(A) (D)				of	
					(A) (D)				Shares	

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# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
• 6	Director	10% Owner	Officer	Other			
Kerns Janis F.			Gen.				
500 EAST PRATT STREET, SUITE 1300	Â	Â	Counsel, Corp.	Â			
BALTIMORE, MD 21202			Sec. & CCO				

# **Signatures**

Gail L. Valenti as Attorney-in-Fact for Janis F.
Kerns

01/30/2019

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired in exempt transactions as a result of dividend reinvestments, and thrift plan employee contributions and employer matching contributions. The Issuer's stock traded in a range of \$13.61 \$21.48 during 2018.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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