Greco James J Form 5 February 13, 2019

securities beneficially owned directly or indirectly.

OMB APPROVAL FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Greco James J Symbol True Drinks Holdings, Inc. [TRUU] (Check all applicable) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) (Middle) (Month/Day/Year) Director 10% Owner Officer (give title Other (specify 12/31/2018 below) below) C/O TRUE DRINKS HOLDINGS. INC., Â 2 PARK PLAZA SUITE 1200 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) IRVINE, CAÂ 92614 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 4. Securities Acquired (A) 5. Amount of 6. 1. Title of 2. Transaction Date 2A. Deemed 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction or Disposed of (D) Securities Ownership Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) Owned at Direct (D) Ownership end of or Indirect (Instr. 4) Issuer's (I) Fiscal Year (Instr. 4) (A) (Instr. 3 and or 4) Amount (D) Price Common Â Â \$ (1) 07/05/2018 A5 5,000,000 5,000,000 Stock By Pilgrim Common Â Â Â Â Â Â $333,334 \frac{(2)}{}$ I Holdings, Stock LLC (3) Reminder: Report on a separate line for each class of Persons who respond to the collection of information **SEC 2270**

contained in this form are not required to respond unless

(9-02)

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the form displays a currently valid OMB control number.

of

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Title		8. Price of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amoun		Derivative	
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securiti	es	(Instr. 5)	
	Derivative				Securities			(Instr. 3	and 4)		
	Security				Acquired						
	,				(A) or						
					Disposed						
					of (D)						
					(Instr. 3,						
					4, and 5)						
					4, and 3)						
								A	Amount		
						Data	Evaluation	O	r		
							Expiration	Title N	Number		
							Date	O	of		
					(A) (D)			S	hares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
corporating of the control of the co	Director	10% Owner	Officer	Othe			
Greco James J C/O TRUE DRINKS HOLDINGS, INC. 2 PARK PLAZA SUITE 1200 IRVINE, CA 92614	Â	Â	Â	Â			

Signatures

/s/ James J.

Greco

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares reported herein were issued to the Reporting Person in lieu of cash as compensation for services rendered by the Reporting Person to the Issuer from April 2017 to September 2017 in his capacity as Chief Executive Officer.
- (2) Shares were issued to Pilgrim Holdings, LLC ("Pilgrim") on February 8, 2017 in exchange for the cancellation of certain warrants held by Pilgrim.
- (3) The Reporting Person is the Manager of Pilgrim, and has sole power to vote and dispose of the securities held by Pilgrim.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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