DEAN FOODS CO Form 4 January 05, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB 3235-0287 Number: January 31,

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

1(b).

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **NEVARES HECTOR M** Issuer Symbol DEAN FOODS CO [DF] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) X_ Director 10% Owner Officer (give title Other (specify **BOLIVIA 33 -- SUITE 303** 12/31/2008 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting Person

HATO REY, PR 00917

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of 2. Transaction Date 2A. Deemed 4. Securities 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities Form: Direct Indirect (Instr. 3) Code Disposed of (D) Beneficially (D) or Beneficial Indirect (I) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned Ownership Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common 1,679 12/31/2008 \$0 342,018 (2) D A (1) Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Non-Qualified Stock Option (right to buy-SI001313)	\$ 8.0206					06/30/1999(3)	06/30/2009	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002987)	\$ 8.0206					06/30/1999 <u>(3)</u>	06/30/2009	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000635)	\$ 8.0206					06/30/1999(3)	06/30/2009	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV003003)	\$ 8.0206					06/30/1999(3)	06/30/2009	Common Stock	1,
Non-Qualified Stock Option (right to buy-SI001804)	\$ 9.3614					06/30/2000(3)	06/30/2010	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002994)	\$ 9.3614					06/30/2000(3)	06/30/2010	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000640)	\$ 9.3614					06/30/2000(3)	06/30/2010	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002991)	\$ 9.3614					06/30/2000(3)	06/30/2010	Common Stock	1,
· ,	\$ 10.1707					06/29/2001(3)	06/29/2011		22,

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Non-Qualified Stock Option (right to buy-SF002506)				Common Stock	
Non-Qualified Stock Option (right to buy-DV002995)	\$ 10.1707	06/29/2001(3)	06/29/2011	Common Stock	10
Non-Qualified Stock Option (right to buy-T0000646)	\$ 10.1707	06/29/2001(3)	06/29/2011	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV003004)	\$ 10.1707	06/29/2001(3)	06/29/2011	Common Stock	1,9
Non-Qualified Stock Option (right to buy-DF002171)	\$ 14.2351	07/01/2002(3)	07/01/2012	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002996)	\$ 14.2351	07/01/2002(3)	07/01/2012	Common Stock	10
Non-Qualified Stock Option (right to buy-T0000655)	\$ 14.2351	07/01/2002(3)	07/01/2012	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002990)	\$ 14.2351	07/01/2002(3)	07/01/2012	Common Stock	1,9
Non-Qualified Stock Option (right to buy-DF002881)	\$ 18.1003	06/30/2003(3)	06/30/2013	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002997)	\$ 18.1003	06/30/2003(3)	06/30/2013	Common Stock	3,
Non-Qualified Stock Option (right to buy-T0000785)	\$ 18.1003	06/30/2003(3)	06/30/2013	Common Stock	1,
	\$ 18.1003	06/30/2003(3)	06/30/2013		6

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Non-Qualified Stock Option (right to buy-DV003000)				Common Stock	
Non-Qualified Stock Option (right to buy-DF003670)	\$ 21.4389	06/30/2004(3)	06/30/2014	Common Stock	7,:
Non-Qualified Stock Option (right to buy-DV002988)	\$ 21.4389	06/30/2004(3)	06/30/2014	Common Stock	3,:
Non-Qualified Stock Option (right to buy-T0000796)	\$ 21.4389	06/30/2004(3)	06/30/2014	Common Stock	1,:
Non-Qualified Stock Option (right to buy-DV003001)	\$ 21.4389	06/30/2004(3)	06/30/2014	Common Stock	6
Non-Qualified Stock Option (right to buy-DF905924)	\$ 23.9808	06/30/2005(3)	06/30/2015	Common Stock	7,:
Non-Qualified Stock Option (right to buy-DV002989)	\$ 23.9808	06/30/2005(3)	06/30/2015	Common Stock	3,:
Non-Qualified Stock Option (right to buy-DF005297)	\$ 25.3078	06/30/2006(3)	06/30/2016	Common Stock	7,:
Non-Qualified Stock Option (right to buy-DV002998)	\$ 25.3078	06/30/2006(3)	06/30/2016	Common Stock	3,:
Non-Qualified Stock Option (right to buy-DF006001)	\$ 31.87	06/29/2007(3)	06/29/2017	Common Stock	7,:
Non-Qualified Stock Option (right to buy)	\$ 19.62	06/30/2008(4)	06/30/2018	Common Stock	7,:

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

NEVARES HECTOR M BOLIVIA 33 -- SUITE 303 X HATO REY, PR 00917

Signatures

Katherine K. Connell, Attorney-In-Fact 01/05/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These are restricted shares issued under the Issuer's 2007 Stock Incentive Plan in payment of fees owed for services as an independent (1) director. All such shares are subject to vesting in three equal increments, with the first vesting occurring as of the date the shares were issued and then annually thereafter.
- (2) Includes 4,438 shares of Ristricted Stock Units ("RSUs") which have vested and for which the reporting person has opted to defer receipt until a future date.
- (3) The options were granted automatically under the Issuer's 1997 Amended and Restated Stock Option and Restricted Stock Plan, and are fully vested and immediately exercisable upon grant.
- (4) The options were granted automatically under the Issuer's 2007 Stock Incentive Plan, and are fully vested and immediately exercisable upon grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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