

DEAN FOODS CO
Form 4
March 19, 2007

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
NEVARES HECTOR M

(Last) (First) (Middle)
BOLIVIA 33 -- SUITE 303
(Street)

HATO REY, PR 00917

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
DEAN FOODS CO [DF]

3. Date of Earliest Transaction
(Month/Day/Year)
03/16/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	03/16/2007		S(1)		1,000	D	\$ 46.52
Common Stock	03/16/2007		S(1)		300	D	\$ 46.55
Common Stock	03/16/2007		S(1)		700	D	\$ 46.56
Common Stock	03/16/2007		S(1)		200	D	\$ 46.6
Common Stock	03/16/2007		S(1)		400	D	\$ 46.63
Common Stock	03/16/2007		S(1)		1,400	D	\$ 46.64

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Common Stock							
Common Stock	03/16/2007	<u>S(1)</u>	1,200	D	\$ 46.65	47,768	D
Common Stock	03/16/2007	<u>S(1)</u>	100	D	\$ 46.66	47,668	D
Common Stock	03/16/2007	<u>S(1)</u>	300	D	\$ 46.67	47,368	D
Common Stock	03/16/2007	<u>S(1)</u>	400	D	\$ 46.68	46,968	D
Common Stock	03/16/2007	<u>S(1)</u>	800	D	\$ 46.69	46,168	D
Common Stock	03/16/2007	<u>S(1)</u>	2,500	D	\$ 46.7	43,668	D
Common Stock	03/16/2007	<u>S(1)</u>	600	D	\$ 46.71	43,068	D
Common Stock	03/16/2007	<u>S(1)</u>	200	D	\$ 46.72	42,868	D
Common Stock	03/16/2007	<u>S(1)</u>	300	D	\$ 46.7233	42,568	D
Common Stock	03/16/2007	<u>S(1)</u>	1,000	D	\$ 46.725	41,568	D
Common Stock	03/16/2007	<u>S(1)</u>	1,700	D	\$ 46.73	39,868	D
Common Stock	03/16/2007	<u>S(1)</u>	200	D	\$ 46.74	39,668	D
Common Stock	03/16/2007	<u>S(1)</u>	3,200	D	\$ 46.75	36,468	D
Common Stock	03/16/2007	<u>S(1)</u>	300	D	\$ 46.7567	36,168	D
Common Stock	03/16/2007	<u>S(1)</u>	1,900	D	\$ 46.76	34,268	D
Common Stock	03/16/2007	<u>S(1)</u>	900	D	\$ 46.77	33,368	D
Common Stock	03/16/2007	<u>S(1)</u>	300	D	\$ 46.78	33,068	D
Common Stock	03/16/2007	<u>S(1)</u>	400	D	\$ 46.79	32,668	D
Common Stock	03/16/2007	<u>S(1)</u>	1,198	D	\$ 46.8	31,470	D
	03/16/2007	<u>S(1)</u>	264	D	\$ 46.82	31,206	D

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Common Stock								
Common Stock	03/16/2007	S ⁽¹⁾	100	D	\$ 46.84	31,106	D	
Common Stock	03/16/2007	S ⁽¹⁾	436	D	\$ 46.8431	30,670	D	
Common Stock	03/16/2007	S ⁽¹⁾	100	D	\$ 46.86	30,570	D	
Common Stock	03/16/2007	S ⁽¹⁾	900	D	\$ 46.92	29,670	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount Number of Shares
Non-Qualified Stock Option (right to buy - T0000590)	\$ 8.2329					05/13/1997 ⁽²⁾	05/13/2007	Common Stock	149,000
Non-Qualified Stock Option (right to buy - T0000627)	\$ 8.2329					05/13/1997 ⁽²⁾	05/13/2007	Common Stock	27,400
Non-Qualified Stock Option (right to buy - SI000781)	\$ 16.5024					06/30/1998 ⁽²⁾	06/30/2008	Common Stock	22,500
Non-Qualified Stock Option	\$ 16.5024					06/30/1998 ⁽²⁾	06/30/2008	Common Stock	4,100

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(right to buy - T0000631)					
Non-Qualified Stock Option (right to buy - SI001313)	\$ 11.7864	06/30/1999 ⁽²⁾	06/30/2009	Common Stock	22,5
Non-Qualified Stock Option (right to buy - T0000635)	\$ 11.7864	06/30/1999 ⁽²⁾	06/30/2009	Common Stock	4,1
Non-Qualified Stock Option (right to buy - SI001804)	\$ 13.7567	06/30/2000 ⁽²⁾	06/30/2010	Common Stock	22,5
Non-Qualified Stock Option (right to buy - T0000640)	\$ 13.7567	06/30/2000 ⁽²⁾	06/30/2010	Common Stock	4,1
Non-Qualified Stock Option (right to buy - SF002506)	\$ 14.9459	06/29/2001 ⁽²⁾	06/29/2011	Common Stock	22,5
Non-Qualified Stock Option (right to buy - T0000646)	\$ 14.9459	06/29/2001 ⁽²⁾	06/29/2011	Common Stock	4,1
Non-Qualified Stock Option (right to buy - DF002171)	\$ 20.9186	07/01/2002 ⁽²⁾	07/01/2012	Common Stock	22,5
Non-Qualified Stock Option (right to buy - T0000655)	\$ 20.9186	07/01/2002 ⁽²⁾	07/01/2012	Common Stock	4,1
Non-Qualified Stock Option (right to buy - DF002881)	\$ 26.5986	06/30/2003 ⁽²⁾	06/30/2013	Common Stock	7,5
Non-Qualified Stock Option (right to buy - T0000785)	\$ 26.5986	06/30/2003 ⁽²⁾	06/30/2013	Common Stock	1,3
Non-Qualified Stock Option (right to buy -	\$ 31.5046	06/30/2004 ⁽²⁾	06/30/2014	Common Stock	7,5

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The options were automatically granted under the Issuer's 1997 Amended and Restated Stock Option and Restricted Stock Plan, and are fully vested and immediately exercisable upon grant.

- (3) The reporting person has received an award of Restricted Stock Units ("RSUs") which is a right to receive shares of common stock of the Issuer in the future, subject to the terms and conditions of the RSU Award Agreement. The RSUs vest annually, on a prorata basis, over a three year period beginning on the first anniversary date of the grant.

Remarks:

CONTINUED FROM PREVIOUS TWO FORMS 4 FILED ON THIS SAME DATE AND CONTINUED ON ADDITIONAL

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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