DEAN FOODS CO/ Form 4 March 03, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005

Form 4 or Form 5 obligations **SECURITIES**

Estimated average burden hours per response... 0.5

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * FROMBERG BARRY A			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO/ [DF]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	Director 10% Owner		
2515 MCKINNEY AVENUE, LB 30, SUITE 1200		NUE, LB	03/03/2006	_X_ Officer (give title Other (specify below)		
				Executive Vice President		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
DALLAS, TX 75201				_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	oror Dispos (Instr. 3,	ed of (4 and :	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/03/2006		Code V M	Amount 5,918	(D)	Price \$ 26.3199	49,230.001	D	
Common Stock	03/03/2006		M	2,874	A	\$ 26.3199	52,104.001	D	
Common Stock	03/03/2006		M	1,069	A	\$ 26.3199	53,173.001	D	
Common Stock	03/03/2006		M	197	A	\$ 26.3199	53,370.001	D	
Common Stock	03/03/2006(1)		S	10,058	D	\$ 38	43,321.001	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of Derivat Securities Acquired (A) or Disposed (D) (Instr. 3, 4 and 5)	ive Ex (M	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D	Ex	ate kercisable	Expiration Date	Title	Amo or Num of Sh
Deferred Stock Units (DU000093)	\$ 0					01	1/13/2005	01/13/2014	Common Stock	9,6
Deferred Stock Units (TU905827) (2)	\$ 0					01	1/13/2005	01/13/2014	Common Stock	1,7
Restricted Stock Units (DF902033) (2)	\$ 0					01	1/07/2006	01/07/2015	Common Stock	16,4
Restricted Stock Units (TU905726) (2)	\$ 0					01	1/07/2006	01/07/2015	Common Stock	3,0
Incentive Stock Option (right to buy - DF002195) (3)	\$ 20.9355					01	1/06/2004	01/06/2013	Common Stock	4,0
Incentive Stock Option (right to buy - T0001047) (3)	\$ 20.9355					01	1/06/2004	01/06/2013	Common Stock	74
Incentive Stock Option (right to buy - DF003306) (3)	\$ 26.3199					01	1/13/2005	01/13/2014	Common Stock	1,0
Incentive	\$ 26.3199					01	1/13/2005	01/13/2014	Common	19

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Stock Option (right to buy - T0001768) (3)							Stock	
Incentive Stock Option (right to buy - DF902167) (3)	\$ 26.8941				01/07/2006	01/07/2015	Common Stock	5,2
Incentive Stock Option (right to buy - T0001365) (3)	\$ 26.8941				01/07/2006	01/07/2015	Common Stock	64
Non-Qualified Stock Option (right to buy - T0000579) (3)	\$ 13.7918				07/31/1999	07/31/2008	Common Stock	3,5
Non-Qualified Stock Option (right to buy - T0000608) (3)	\$ 13.7918				07/31/1999	07/31/2008	Common Stock	11,5
Non-Qualified Stock Option (right to buy - T0000499) (3)	\$ 12.1383				01/22/2002	01/22/2011	Common Stock	4.
Non-Qualified Stock Option (right to buy - T0003349) (3)	\$ 12.1383				01/22/2002	01/22/2011	Common Stock	8
Non-Qualified Stock Option (right to buy - DF001332) (3)	\$ 17.1835				01/14/2003	01/14/2012	Common Stock	1
Non-Qualified Stock Option (right to buy - DF003307) (3)	\$ 26.3199	03/03/2006	М	5,918	01/13/2005	01/13/2014	Common Stock	5,9
Non-Qualified Stock Option (right to buy - TU000197) (3)	\$ 26.3199	03/03/2006	М	1,069	01/13/2005	01/13/2014	Common Stock	1,0
Non-Qualified Stock Option (right to buy - T0000695) (3)	\$ 26.3199	03/03/2006	М	2,874	01/13/2005	01/13/2014	Common Stock	2,8
Non-Qualified Stock Option	\$ 26.3199	03/03/2006	M	197	01/13/2005	01/13/2014	Common Stock	19

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(right to buy - TU000198) (3)					
Non-Qualified Stock Option (right to buy - DF902168) (3)	\$ 26.8941	01/07/2006	01/07/2015	Common Stock	32,1
Non-Qualified Stock Option (right to buy - T0000699) (3)	\$ 26.8941	01/07/2006	01/07/2015	Common Stock	9,3

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
FROMBERG BARRY A			Executive			
2515 MCKINNEY AVENUE, LB 30, SUITE 1200			Vice			
DALLAS, TX 75201			President			

Signatures

Barry A.

Fromberg 03/03/2006

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Sales are pursuant to a 10b5-1 Sales Plan dated November 7, 2005, between reporting person and Bear Stearns & Co., Inc., acting as (1) agent, to permit the orderly disposition of a portion of the reporting person's holdings of the Issuer's common stock, par value \$01 per share.
- A Stock Unit, which is issued under the Company's 1989 Stock Awards Plan, is a right to receive one share of Common Stock of the (2) Issuer in the future, subject to the terms and conditions of the award agreement. The units vest annually, on a prorata basis, over a five-year period beginning on the first anniversary date of grant, subject to certain accelerated vesting provisions.
- (3) The shares of common stock subject to the Option vest ratably in three equal increments commencing on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 4