F&M BANK CORP

Form 4 August 29, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB 3235-0287

Number:

Expires:

January 31, 2005

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Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type	Responses)							
1. Name and WITHERS	Symbol	2. Issuer Name and Ticker or Trading Symbol F&M BANK CORP [fmbm.ob]			5. Relationship of Reporting Person(s) to Issuer			
(Last)	Middle) 3. Date of	of Earliest T	ransaction	(Check all applicable)				
(Edst)	(First) (I	,	Day/Year)	Talisaction	X Director 10% Owner			
18012 NEV	W MARKET RD	08/29/2	•		_X_ Officer (gi		Other (specify	
	4. If Am	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check			
TIMBERV	Filed(Mo	Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Tak	ole I - Non-	Derivative Securities Acc	quired, Disposed	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

1.11tle of	2. Transaction Date		3.				5. Amount of	6.	/. Nature of	
Security	(Month/Day/Year)	Execution Date, if	Transaction(A) or Disposed of (D)					Securities	Ownership	Indirect
(Instr. 3)		any (Manth/Day/Vaan)	Code	0)	(Instr. 3,	4 and	5)	Beneficially	Form:	Beneficial
		(Month/Day/Year)	(Instr.	8)				Owned Following	Direct (D) or Indirect	Ownership (Instr. 4)
								Reported	(I)	(111341. 4)
						(A)		Transaction(s)	(Instr. 4)	
			G 1	T 7		or	ъ.	(Instr. 3 and 4)	,	
C			Code	V	Amount	(D)	Price			
Common	08/29/2007		P	V	50	A	\$	1,060	D	
Stock							30.75	ŕ		
_										Held in Mr.
Common								1,925	I	Withers'
Stock								1,> 20	-	IRA
										IIV.
										Allocated to
C										Mr. Withers
Common								5,599	I	in the
Stock										Company's
										ESOP
									_	
								600	I	By Wife

Common Stock

Common Stock 180 I Held by sons

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. conNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amor Unde Secur	rlying	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
r g	Director	10% Owner	Officer	Other				
WITHERS DEAN W								
18012 NEW MARKET RD	X		President					
TIMBERVILLE, VA 22853								

Signatures

Sylvia T. Bowman atty in fact for Dean W.
Withers

08/29/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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