Hamm Harold Form 4 February 13, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES**

Symbol

January 31, Expires: Estimated average

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OMB APPROVAL

3235-0287

2005

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5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

OMB

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

2. Issuer Name and Ticker or Trading

CONTINENTAL RESOURCES.

1(b).

Hamm Harold

(Print or Type Responses)

1. Name and Address of Reporting Person *

INC [CLR] (Last) (First) (Middle) 3. Date of Earliest Transaction _X__ Director X__ 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) P.O. BOX 268836, 20 N. 02/12/2019 CEO & Chairman **BROADWAY** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting OKLAHOMA CITY, OK 73126 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Month/Day/Year) Owned Ownership (Instr. 8) Direct (D) or Indirect (Instr. 4) **Following** Reported (I) (A) Transaction(s) (Instr. 4) or (Instr. 3 and 4) Code V Price (D) Amount Common 02/12/2019 \$0 1,742,222 (1) A 186,363 A D Stock By Harold Common 283,116,538 Hamm (2) Stock Family LLC By Common 36,452 I Transwestern Stock **Transports**

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Tit	le and	8. Price of	9.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	ınt of	Derivative	D
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Unde	rlying	Security	Se
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivative Securities		e .		Secur	ities	(Instr. 5)	В
	Derivative						(Instr	. 3 and 4)		O	
	Security				Acquired						Fo
					(A) or						R
					Disposed						Tı
					of (D)						(I
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date	Expiration Date	Tr'-d	or		
						Exercisable		Title			
				α 1 α	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
r g	Director	10% Owner	Officer	Other			
Hamm Harold							
P.O. BOX 268836	X	X	CEO &				
20 N. BROADWAY	Λ	Λ	Chairman				
OKLAHOMA CITY, OK 73126							

Signatures

/s/ Eric S. Eissenstat, 02/13/2019 Attorney-In-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes 301,526 shares of restricted common stock which vest on February 15, 2019; 165,049 shares of restricted common stock which (1) vest on February 15, 2020; 167,093 shares of restricted common stock which vest on February 15, 2021; and 186,363 shares of restricted common stock which vest on February 15, 2022.
- The reporting person is the sole manager of the LLC which owns the reported securities. As a result, he has elected to report the total (2) number of reported securities held by the LLC. However, the reporting person disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2

9. Nu Deriv Secu Bene Own Follo

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