Pacious Patrick Form 4

September 21, 2018

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **Pacious Patrick**

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

Symbol CHOICE HOTELS

INTERNATIONAL INC /DE [CHH]

(Check all applicable)

(Last)

(First)

(Street)

(Ctata)

(Middle)

(7:-

3. Date of Earliest Transaction

(Month/Day/Year) 09/19/2018

Director 10% Owner _X__ Officer (give title _ Other (specify

below) President & CEO

1 CHOICE HOTELS CIRCLE

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person

Form filed by More than One Reporting

Person

ROCKVILLE, MD 20850

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative S	Secur	ities Acqu	iired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	09/19/2018		M	12,494	A	\$ 27.03	139,498	D	
Common Stock	09/19/2018		M	6,303	A	\$ 36.76	145,801	D	
Common Stock	09/19/2018		S(1)	22,684	D	\$ 82.12 (2)	123,117	D	
Common Stock	09/19/2018		M	4,250	A	\$ 36.76	127,367	D	
Common Stock	09/20/2018		M	2,868	A	\$ 27.03	130,235	D	

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Common Stock	09/20/2018	M	6,709	A	\$ 36.76	136,944	D
Common Stock	09/20/2018	S <u>(1)</u>	9,577	D	\$ 82.55 (3)	127,367	D
Common Stock	09/21/2018	M	3,089	A	\$ 36.76	130,456	D
Common Stock	09/21/2018	S <u>(1)</u>	3,089	D	\$ 83.24 (4)	127,367	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 27.03	09/19/2018		M	12,494	<u>(5)</u>	02/19/2019	Common	12,494
Employee Stock Option (right to buy)	\$ 36.76	09/19/2018		M	6,303	<u>(6)</u>	02/08/2020	Common	6,303
Employee Stock Option (right to buy)	\$ 36.76	09/19/2018		M	4,250	<u>(6)</u>	02/08/2020	Common	4,250
	\$ 27.03	09/20/2018		M	2,868	(5)	02/19/2019	Common	2,868

Employee Stock Option (right to buy)							
Employee Stock Option (right to buy)	\$ 36.76	09/20/2018	M	6,709	<u>(6)</u>	02/08/2020 Common	6,709
Employee Stock Option (right to buy)	\$ 36.76	09/21/2018	M	3,089	<u>(6)</u>	02/08/2020 Common	3,089

Reporting Owners

Reporting Owner Name / Address	Relationships						
rs	Director	10% Owner	Officer	Other			
Pacious Patrick 1 CHOICE HOTELS CIRCLE ROCKVILLE, MD 20850			President & CEO				

Date

Signatures

Bret L. Limage, attorney in fact

n fact 09/21/2018

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sale made pursuant to a 10b5-1 trading plan.
- (2) Average price reflects a series of transactions between \$82.00 and \$82.35.
- (3) Average price reflects a series of transactions between \$82.00 and \$83.15.
- (4) Average price reflects a series of transactions between \$83.05 and \$83.45.
- (5) Options vested in four annual installments beginning on the first anniversary of the February 19, 2012 grant date.
- (6) Options vested in four annual installments beginning on the first anniversary of the February 8, 2013 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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