Alvarez Jesus Form 4 March 06, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Alvarez Jesus Issuer Symbol HERBALIFE LTD. [HLF] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner _X__ Officer (give title _ _ Other (specify 800 W. OLYMPIC BLVD. 03/02/2018 below) VP, General Manager, Mexico (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting LOS ANGELES, CA 90015 Person

(City)	(State) (Zip) Table	e I - Non-D	erivative (Secur	ities Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	(Instr. 3,	(A) or	d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/02/2018		Code V S	Amount 299	(D)	Price \$ 92.81 (1)	2,085	D	
Common Stock	03/05/2018		M(2)	5,873	A	\$ 30.44	7,958	D	
Common Stock	03/05/2018		D(2)	1,897	D	\$ 94.72	6,061	D	
Common Stock	03/05/2018		F(2)	1,392	D	\$ 94.72	4,669	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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5 Number 6 Data Evensiashle and

SEC 1474 (9-02)

7 Title and Amoun

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4,		Expiration Date (Month/Day/Year)		Underlying Securitie (Instr. 3 and 4)	
				Code V	and 5)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Stock Appreciation Rights	\$ 30.44	02/02/2018		M(2)	5,873	03/02/2018	03/02/2025	Common Stock	5,87

Reporting Owners

Reporting Owner Name / Address Relationships

2 Transaction Data 24 Deamed

Director 10% Owner Officer Other

Alvarez Jesus

1 Title of

800 W. OLYMPIC BLVD. LOS ANGELES, CA 90015 VP, General Manager, Mexico

Signatures

/s/ Eileen Uy, Attorney-in-Fact for Jesus

Alvarez 03/06/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$92.82 to \$92.79. The price reported reflects the weighted average (1) sale price of \$92.81. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- The reporting person received 2,584 shares of common stock upon the net exercise of 5,873 stock appreciation rights ("SARS"). The reporting person forfeited 1,897 shares of common stock underlying the SARS in payment of the exercise price and 1,392 shares of common stock underlying the SARS to satisfy the withholding tax obligations resulting from the exercise, using the closing stock price on March 5, 2018 of \$94.27.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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