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HERBALIFE LT	D.									
Form 4										
December 30, 20	16									
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								PPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287		
Check this box	K						Expires:	January 31,		
if no longer subject to STATEMENT OF CHANGES IN BENEFICIA						WNERSHIP OF	Estimated	2005 average		
Section 16.				SECURITIES		burden hou	urs per			
Form 4 or Form 5	T		~ •	response	. 0.5					
obligations	-			16(a) of the Secur		U .				
may continue.	Section 17	· /		Itility Holding Co	1 V		on			
See Instruction	1	30(n)	of the I	nvestment Compa	iny Act of 1	940				
1(b).										
(Print or Type Respo	onses)									
1. Name and Addre	ss of Reporting	Person [*]		er Name and Ticker o	or Trading	5. Relationship of Reporting Person(s) to Issuer				
Hienrich Edi			Symbol			(Check all applicable)				
			HERB.	ALIFE LTD. [HL	<i>.</i> F]					
(Last)	(First) (Middle)	3. Date of	of Earliest Transaction	n					
800 W. OLYMPIC BLVD. SUITE 04/2				Day/Year)		Director 10% Owner X Officer (give title Other (specify below)				
			04/27/2	2016						
406						SVP/Managing Director EMEA				
(Street) 4.				endment, Date Origir	nal	6. Individual or Joint/Group Filing(Check				
Filed			Filed(Mo	onth/Day/Year)		Applicable Line)				
Form filed by M								One Reporting Person fore than One Reporting		
LOS ANGELES	S, CA 90015					Person	Wore than One K	epotting		
(City)	(State)	(Zip)	Tab	ole I - Non-Derivativ	e Securities A	cquired, Disposed	of, or Beneficia	lly Owned		
1.Title of 2. Tr	ansaction Date	e 2A. Deemed		3. 4. Secur	ities	5. Amount of	6. Ownership	7. Nature of		
•	nth/Day/Year)	Execution Date, if		TransactionAcquire			Form: Direct	Indirect		
(Instr. 3)		any (Month/Da	w/Veer)	Code Dispose (Instr. 8) (Instr. 3)	d of (D) , 4 and 5)	Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership		
(Month/Da		ay/1cal)	(msu. o) (msu. o	, + anu <i>5)</i>	Following	(I) (Instr. 4)	(Instr. 4)			
					(A)	Reported	·			
					(A) or	Transaction(s)				
				Code V Amount	(D) Price	(Instr. 3 and 4)				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amou
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securi
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3) Price of Derivative Security			(Month/Day,	/Year)	(Instr.	8)	Acquire (A) or Dispose (D) (Instr. 3, and 5)	d of				
					Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am or Nut of Sha
Stock Appreciation Rights	\$ 79.58	04/27/2016			А		9,079		06/21/2016 <u>(1)</u>	12/19/2023	Common Stock	9,
Reportin	ng Own	ers										
Reporting Owner Name / Address Directer						Re						
			Director 109	10% Owner Officer						Other		
Hienrich Edi 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015					SVP/Managing Director EMEA							
Signatur	res											
/s/ Mark J. Friedman, Attorney-in-Fact for Edi Hienrich				12/30/2016								
*	Signature of Rep	orting Person			E	Date						
Explana [•]	tion of	Respons	ses:									

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On December 19, 2013, the reporting person was granted an award of 15,133 stock appreciation rights (SARs). The amount and timing of
 (1) the vesting of these SARs were dependent upon Herbalife Ltd.'s achievement of certain performance criteria for each of fiscal 2013, 2014 and 2015. The performance criteria were met in 2015, resulting in the vesting of 9,079 SARs subject to this award on June 21, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.