Brogdon Christopher F Form 4 October 06, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB 3235-0287

Number:

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subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Ad Brogdon Chri	-	orting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			ADCARE HEALTH SYSTEMS INC [ADK]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	_X_ Director _X_ 10% Owner _X_ Officer (give title below) Other (specify below)		
2 BUCKHEAD PLAZA, 3050 PEACHTREE ROAD, SUITE 570			07/09/2009	Chief Acquisition Officer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
ATLANTA, GA 30305			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Aco	uired. Disposed of, or Beneficially Owned		

Table I - Non-Derivative	Securities Acquired	Disposed of o	r Ronoficially Owned
Table I - Non-Derivative	Securities Acquired	i. Disposea of. o	r Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I) Reported (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	09/13/2011		Code V X	Amount 89,662	(D)	Price \$ 2.38	(Instr. 3 and 4) 172,151	D	
Common Stock	09/13/2011		X	29,085	A	\$ 2.38	438,313	I	By spouse
Common Stock	09/16/2011		X	372,750	A	\$ 2.38	811,063	I	By spouse
Common Stock	09/26/2011		X	3,465	A	\$ 2.38	814,528 (1)	I	By spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Warrant	\$ 2.38 (2)	09/13/2011		X(3)		85,392	<u>(4)</u>	12/07/2014	Common Stock	89,662 (2)
Warrant	\$ 2.38 (2)	07/09/2009		P	500		<u>(4)</u>	11/10/2011	Common Stock	525 <u>(2)</u>
Warrant	\$ 2.38 (2)	09/13/2011		X(3)		27,700	<u>(4)</u>	12/07/2014	Common Stock	29,085 (2)
Warrant	\$ 2.38 (2)	09/15/2011		S		100,000	<u>(4)</u>	12/07/2014	Common Stock	105,00 (2)
Warrant	\$ 2.38 (2)	09/16/2011		S		29,500	<u>(4)</u>	12/07/2014	Common Stock	30,975 (2)
Warrant	\$ 2.38 (2)	09/16/2011		X(3)		355,000	<u>(4)</u>	12/07/2014	Common Stock	372,75 (2)
Warrant	\$ 2.38 (2)	09/26/2011		X(3)		3,300	<u>(4)</u>	12/07/2014	Common Stock	3,465 (

Reporting Owners

Reporting Owner Name / Address	Relationships						
roporting of the family fraue and	Director	10% Owner	Officer	Other			
Brogdon Christopher F 2 BUCKHEAD PLAZA 3050 PEACHTREE ROAD, SUITE 570 ATLANTA, GA 30305	X	X	Chief Acquisition Officer				

Signatures

/s/ Christopher F.

Brogdon 10/05/2011

**Signature of Reporting Person

Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Reporting Person no longer has a reportable benefical interest in any of the shares of the Issuer's common stock owned by the Reporting Person's daughter and included in the Reporting Person's prior ownership reports.
- The Warrants were subject to a 5% stock dividend issued by the Issuer on September 30, 2010. As a result of such stock dividend, the exercise price of the Warrants decreased from \$2.50 to \$2.38 and each Warrant became issuable for 1.05 shares of the Issuer's common stock.
- (3) The Warrants were exercised in connection with a call by the Issuer to redeem the Warrants pursuant to their terms.
- (4) The Warrants were exercisable on the transaction date.
- (5) The ownership of these Warrants was unreported at the time of the transaction and was omitted from the Reporting Person's subsequent Forms 4.
- (6) The Reporting Person no longer has a reportable benefical interest in any of the Issuer's warrants owned by the Reporting Person's daughter and included in the Reporting Person's prior ownership reports.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.