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SPRING RO Form 5 February 03,										
FORM	5				OMB A	PPROVAL				
Check this no longer s	UNIT box if ubject	ED STATE	OMB Number: Expires:	3235-0362 January 31, 2005						
to Section Form 4 or 2 5 obligatio may contin <i>See</i> Instruc	Form A ns ue. tion	ANNUAL ST	Estimated a burden hou response	rs per	1.0					
Ster instructionFiled pursuant to Section 16(a) of the Securities Exchange Act of 1934,1(b).Form 3 HoldingsForm 3 HoldingsSection 17(a) of the Public Utility Holding Company Act of 1935 or SectionReported30(h) of the Investment Company Act of 1940TransactionsReported										
1. Name and Address of Reporting Person <u>*</u> SPRING ROBERT C			2. Issuer Name and Ticker or Trading Symbol MEADOWBROOK INSURANCE GROUP INC [MIG]	Reporting Person(s) to k all applicable)						
(Last) 26255 AME	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended(Month/Day/Year)12/31/2005	Director X Officer (give below) SVP- Bu		owner er (specify ons				
20233 AWIE	(Street)	V L	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Jo	int/Group Rep	-				
SOUTHFIE	LD, MI 4	8034		_X_ Form Filed by C Form Filed by M Person						
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Ac	quired, Disposed of,	, or Beneficial	lly Owned				
		Date 2A. Deer	ned 3. 4. Securities Acquire			7. Nature	of			

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
		(Woldin Day Tear)	(IIISU. 8)	Amount	(A) or (D)	Price	of Issuer's Fiscal Year (Instr. 3 and 4)	or Indirect (D) (I) (Instr. 4)	(Instr. 4)
Common Stock	08/29/2005	Â	М	5,000	A	\$ 4.57	5,000	D	Â
Common Stock	08/29/2005	Â	М	4,800	A	\$ 3.066	9,800	D	Â
Common Stock	08/29/2005	Â	М	2,700	А	\$ 2.173	12,500	D	Â
Common Stock	08/29/2005	Â	S	12,500	D	\$ 5.1211	0	D	Â

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares
Employee Stock Option (right to buy)	\$ 4.57	08/29/2005	Â	М	Â	5,000	11/15/2000	11/15/2005	Common Stock	5,00
Employee Stock Option (right to buy)	\$ 3.066	08/29/2005	Â	М	Â	4,800	05/28/2002	05/28/2007	Common Stock	4,80
Employee Stock Option (right to buy)	\$ 2.173	08/29/2005	Â	М	Â	2,700	02/21/2003	02/21/2008	Common Stock	2,70
Employee Stock Option (right to buy)	\$ 6.5063	Â	Â	Â	Â	Â	01/01/2001	01/01/2006	Common Stock	7,50

Reporting Owners

Reporting Owner Name / Address	s Relationships							
	Director	10% Owner	Officer	Other				
SPRING ROBERT C 26255 AMERICAN DRIVE SOUTHFIELD, MI 48034	Â	Â	SVP- Business Operations	Â				

Signatures

/s/ Michael G. Costello Attorney-in-fact

02/02/2006

Date

Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.