

AVID TECHNOLOGY INC
 Form 4
 March 10, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LEBOLT DAVID

(Last) (First) (Middle)

461 2ND STREET

(Street)

SAN FRANCISCO, CA 94107

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

AVID TECHNOLOGY INC [AVID]

3. Date of Earliest Transaction (Month/Day/Year)

03/08/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)

General Manager, Digidesign

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock	03/08/2006		M		1,562 A \$ 14.13	1,562	D
Common Stock	03/08/2006		M		5,000 A \$ 8.41	6,562	D
Common Stock	03/08/2006		M		1,514 A \$ 22.01	8,076	D
Common Stock	03/08/2006		M		986 A \$ 22.01	9,062	D
Common Stock	03/08/2006		S		1,100 D \$ 46.7822	7,962	D

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Common Stock	03/08/2006	S	7,762	D	\$ 46.77	200	D
Common Stock	03/08/2006	S	200	D	\$ 46.79	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	8. An or Nu of Sha
Non-Qualified Stock Option (right to buy)	\$ 14.13	03/08/2006		M	1,562	09/06/2002 ⁽¹⁾ 03/06/2012	Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 8.41	03/08/2006		M	5,000	01/22/2003 ⁽¹⁾ 07/22/2012	Common Stock	5
Incentive Stock Option (right to buy)	\$ 22.01	03/08/2006		M	1,514	07/10/2003 ⁽¹⁾ 01/10/2013	Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 22.01	03/08/2006		M	986	07/10/2003 ⁽¹⁾ 01/10/2013	Common Stock	9

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LEBOLT DAVID 461 2ND STREET SAN FRANCISCO, CA 94107			General Manager, Digidesign	

Signatures

Dave Lebolt

03/10/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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