DEAN FOODS CO Form 4 May 14, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

burden hours per

response...

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

0.5

OMB APPROVAL

Form 5 Find obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person ** BERNON ALAN J			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(T)	(Fig. 1)	0.6.1.11.)	DEAN FOODS CO [DF]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	_X_ Director 10% Owner		
4301 BELCI	LAIRE AVI	ENUE	05/12/2008	Officer (give title Other (specify below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
DALLAS, T	X 75205			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Ta	ble I - Non	-Derivativ	e Secı	ırities Acqu	ired, Disposed of, or	Beneficially (Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit coor Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/12/2008		M	36,963 (1)	A	\$ 14.2466	1,141,492.1354	D	
Common Stock	05/12/2008		S	1,100 (1)	D	\$ 22.99	1,140,392.1354	D	
Common Stock	05/12/2008		S	7,800 (1)	D	\$ 22.98	1,132,592.1354	D	
Common Stock	05/12/2008		S	6,300 (1)	D	\$ 22.97	1,126,292.1354	D	
Common Stock	05/12/2008		S	2,000 (1)	D	\$ 22.95	1,124,292.1354	D	
Common	05/12/2008		S	9,000	D	\$ 22.9	1,115,292.1354	D	

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Stock			<u>(1)</u>				
Common Stock	05/12/2008	S	2,000 (1)	D	\$ 22.88	1,113,292.1354	D
Common Stock	05/14/2008	M	40,028 (1)	A	\$ 14.2466	1,153,320.1354	D
Common Stock	05/14/2008	S	20,400 (1)	D	\$ 22.9	1,132,920.1354	D
Common Stock	05/14/2008	S	1,600 (1)	D	\$ 22.91	1,131,320.1354	D
Common Stock	05/14/2008	S	5,000 (1)	D	\$ 22.92	1,126,320.1354	D
Common Stock	05/14/2008	S	3,575 (1)	D	\$ 22.95	1,122,745.1354	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and Underlying (Instr. 3 and
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option (right to buy-DF002200)	\$ 14.2466	05/12/2008		M	36,963 (1)	01/06/2004(2)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-DF002200)	\$ 14.2466	05/14/2008		M	40,028 (1)	01/06/2004(2)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-DF004888)	\$ 25.6821					01/31/2007(3)	09/02/2008	Common Stock
	\$ 25.6821					01/13/2007 ⁽³⁾	09/02/2008	

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Non-Qualified Stock Option (right to buy-DV000251)				Common Stock
Non-Qualified Stock Option (right to buy-NQ004887)	\$ 25.6821	01/13/2007(3)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-NQ004462)	\$ 25.6821	01/13/2007(3)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-DF005345)	\$ 30.1121	02/12/2008(3)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-DV000250)	\$ 30.1121	02/12/2008(3)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-NQ005340)	\$ 30.1121	02/12/2008(3)	09/02/2008	Common Stock
Non-Qualified Stock Option (right to buy-NQ000263)	\$ 30.1121	02/12/2008(3)	09/02/2008	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 0	Director	10% Owner	Officer	Other		
BERNON ALAN J 4301 BELCLAIRE AVENUE DALLAS, TX 75205	X					

Signatures

Alan J. Bernon by Angela B. Miro,	05/14/2008		
Attorney-In-Fact	03/14/2008		
**Signature of Reporting Person	Date		

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Transaction is pursuant to a 10b5-1 Plan, dated December 12, 2007, between the reporting person and Bear Stearns & Co., Inc., acting as agent, to permit the orderly disposition of a portion of the reporting person's holdings of the Issuer's common stock, par value \$0.01 per share
- (2) The shares of common stock subject to the Option vest ratably in three equal increments commencing on the first anniversary of the grant date. Pursuant to a separation agreement between Mr. Bernon and the Issuer, the options will expire on September 2, 2008.
- The shares of common stock subject to the Option became fully vested on September 28, 2007, pursuant to a separation agreement between Mr. Bernon and the Issuer, and the options will expire on September 2, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.