

NATURES SUNSHINE PRODUCTS INC  
Form 8-K  
July 28, 2004

**United States  
Securities and Exchange Commission**

Washington, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): **July 28, 2004**

**Nature s Sunshine Products, Inc.**

(Exact name of registrant as specified in its charter)

**Utah**

(State or other jurisdiction of  
incorporation)

**0-8707**

(Commission File Number)

**87-0327982**

(IRS Employer Identification  
Number)

**75 East 1700 South  
Provo, Utah 84606**

(Address of principal executive offices) (Zip Code)

**(801) 342-4300**

(Registrant s telephone number, including area code)

**Item 5. Other Events.**

On July 28, 2004, Nature's Sunshine Products, Inc. issued a press release announcing a quarterly cash dividend of five cents per share of common stock payable on August 19, 2004 to shareholders of record on August 9, 2004. A copy of the press release is attached as Exhibit 99.1 and is incorporated herein by reference.

**Item 7. Financial Statements and Exhibits.**

(c) The following exhibit is being filed herewith:

99.1 Press release issued by Nature's Sunshine Products, Inc. dated July 28, 2004.

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**July 28, 2004**

**By: NATURE S SUNSHINE PRODUCTS, INC.**

*/s/ Craig D. Huff*

Name: Craig D. Huff

Title: Chief Financial Officer and Secretary

**EXHIBIT INDEX**

<b>Number</b>	<b>Exhibit</b>
99.1	Text of press release issued by Nature s Sunshine Products, Inc. dated July 28, 2004.

---