Edgar Filing: SABEL IVAN R - Form 4

SABEL IVAN Form 4	R										
February 02, 20	006										
FORM	4		GEGU			GHANGE			PPROVAL		
Washington, D.C. 20549								N OMB Number:	3235-0287		
Check this b if no longer					DENEE			Expires:	January 31, 2005		
subject to Section 16. Form 4 or							Estimated burden hou response	average urs per			
Form 5 obligations may continu See Instructi 1(b).	e. Section 17((a) of the l	Public U	tility Hol	ding Cor		nge Act of 1934, of 1935 or Secti 940				
(Print or Type Res	ponses)										
1. Name and Add SABEL IVAN	2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer						
		BEVERLY ENTERPRISES INC [BEV]				(Check all applicable)					
(Last)	(First) (I	Middle)	3. Date of Earliest Transaction				_X_ Director 10% Owner Officer (give title Other (specify				
ONE THOUSA WAY	(Month/Day/Year) 02/01/2006				below) below)						
	4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 							
FORT SMITH					Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned		
	Transaction Date Ionth/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Report	on a separate line	e for each cl	ass of sec	urities benet	ficially ow	ned directly	or indirectly.				
Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.							SEC 1474 (9-02)				
	Tab					posed of, or convertible	Beneficially Owner securities)	1			

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amou
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securi

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr.	8)	Securities Acquired (A) Disposed of ((Instr. 3, 4, at 5)	(D)	(Month/Day/Year)		(Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am Nur Sha
PHANTOM STOCK UNITS <u>(1)</u>	(2)	02/01/2006		Α		362.0492		02/01/2006 <u>(1)</u>	<u>(1)</u>	\$.10 Par Value Common Stock	36

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director 10% Owner		Officer Other					
SABEL IVAN R ONE THOUSAND BEVERLY WAY FORT SMITH, AR 72919	Х							
Signatures								
By: Brenda Boster, by Power of Attorn Sabel	02	/02/2006						
** Signature of Reporting Person				Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

These units of phantom stock have been granted under the Non-Employee Director Deferred Compensation Plan and are credited to a (1) deferred share unit account each month, to be paid to the director, or, in the case of his/her death prior to retirement from the Board,

- his/her beneficiary(ies), in stock, upon his/her retirement from the Board, death or disability.
- (2) Each Deferred Share Unit has a value equal to one share of common stock of Beverly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.